

OWF Calendar of Events for 2024



January 18-21	IWF Continental Meeting	Gold Coast
February 21-25	Oceania Weightlifting Championships Senior /Junior/Youth	
February 23-25	Pacific Islands Email tournament	OWF Office
Aprill 1-11	IWF World Cup	Phuket- Thailand
May 4	OWF Technical seminar on line	
May 22-26	IWF World Youth	Lima peru
June 1-2	2 nd OWF International Elite tournament	Melbourne
June 3-8	Elite Training Camp	Melbourne
June 20-24	UMWF World Cup	Gold Coast
June 15-24	Micronesia Games	Majioro MHL
July 26-August 11	Olympic Games	Paris
August 29-31	ELEIKO International Email Club Tournament	OWF Office
September 17-21 September 23-29	Commonwealth Senior/Junior/Youth & UN23 championships UMWC WORLD MASTER CHAMPIONSHIPS	s Suva-FIJ Suva-FIJ
September 19-27	IWF World junior Championships	Leon- Spain
October 1-31	OTIP school program	
October 19-20	OWF Online Tournament	Online
November 2-3	OWF Online club tournament	
November 21.25	Kiribati Coaching and Technical seminar	Tarawa KIR
December 4-14	IWF World Championships	Manama BRN
December 7-14	OTIP Program	Nauru